Document size can be anything; it's different from paper size.

VIEW

Zoom in COMMAND and +
Zoom out COMMAND and Fit in Window COMMAND and 0

Type tool: draw a box first to avoid unproportional scaling

Convert to outlines UNDER TYPE

Put a duplicate outside the live area for future use

Copy, Fit in Window, Paste to place something in the center of your document without measuring.

View/ Show Rulers
Drag down guidelines
Show/Hide Guides COMMAND +;

Window / Layers Create New Layer Lock / View Layers Copy from one layer to another

ROTATE

Select object

Select Rotate Tool

Hold down option and click on center point of new graphic

Angle: type '360/x'' where x is the number of repetitions of object around the circle Choose "Copy"

ALIGN

Under View / Align
Use to align disparate objects

Use to distribute space evenly between objects

PRINT

Choose one of the mono printers

Media Size: change from "Defined by Driver" to "Letter"

Do Not Scale

Under "Marks and Bleed" check "Trim Marks" and change "Offset" to "2 pt"

Double-click on the thumbnail of your document to center your artwork on the paper